



### Great nature and relaxing stay

# Oniiwa Hot Spring

Oniiwa Hot Spring was found when an injured heron was bathing there.

It is believed that Princess Kazunomiya used it as a therapeutic bath while traveling on Nakasen-do Road. This is also a perfect place for a day trip to enjoy the food and relax in the hot spring.

## Rokusawa-no-Mori Ryozan

Quiet hot-spring hotel in the nature.

It has different types of rooms with open air-baths. Treat yourself with delicious food of the season and enjoy a luxurious time.

3420-7 Shizuki, Mitake-cho

**S** 0574-67-0288 (Reservation / 8:00am-9:00pm) http://www.ryouzan.jp/









### Ryo-an

It's an outdoor café and gallery surrounded by nature. Listen to the sound of the rushing creek and have a relaxing time.





9502-1 Matsuno, Hiyoshi-cho, Mizunami-shi

0574-68-2208 Regular day off / Mon. and Tue. Open 9:30am / Close 5:00pm (The last call 4:30pm) Parking lot / 25 Seat / 53







## Oniiwa-Yumotokan

"Fushicho-no-Yu" (Phoenix hot spa) is a new natural radium hot spring with tatami mats surrounding the tab. Enjoy the traditional Japanese meal brought in courses using the local seasonal ingredients served by a master chef, who has received "Housho-Shihan" (master of cooking).

13-9499 Hiyoshi-cho, Mizunami-shi

0120-515137 / 0574-67-0413

http://oniiwa-yumoto.com/











## Nagominoyado Iwamitei

It's a quaint easygoing hot-spring hotel which may take you back to Taisho Era.

Indulge yourself in an aromatherapy treatment and carefully prepared cuisine.

5-9500 Hiyoshi-cho, Mizunai-shi

0574-67-3101

http://www.iwamitei.com/









### Hida Kiso River National Park

## Oniiwa Park

Oniiwa Park is a marvelous and beautiful granite park located in Hida Kiso River National Park, where you will find many strangely shaped giant rocks. It's also famous for the legendary Oni (demon), Seki-no-Taro.

## Four seasons

in Oniiwa

You will never be bored in Onliwa any time of the year. Enjoy azalea and cherry blossoms in spring. Cool down by the river flowing among

the rocks. Enjoy the changing colors of autumn leaves.

> Snowy landscape is also too good to miss.

### Origin of Oniiwa

About 800 years ago, an Oni, Seki-no-Taro, lived in this rocky mountain and would play tricks on the neighbors and the travelers going over the mountain. By an order of Emperor Goshirakawa Houou, Kouketsu Gengo Noriyasukou knocked him down. Oniiwa owes its name to this Oni (demon) and Iwa (rocky)-yama (mountain). A Japanese haiku (poem) have been handed down for generations which was inspired by this Oni and Shizuki, a name of the settlement where Oniiwa belongs.









### Oniiwa in the sky

There are several courses, and each trail takes you to the top of Oniiwa. Enjoy the panoramic view from the top of the giant rock and be part of the nature!



### Oniiwa Rest House

Stop by before and after walking. Fukuoni Festival is held here every February.





#### Iwa-ana Kuguri

This is a limited two days event in autumn. It is very thrilling to walk under the giant rocks. Feel the nature with all your senses.